FIELD REPORT

WINTER SOUTHERN CALIFORNIA JANUARY 16–22, 2024



Light-footed Ridgway's Rail ©Brennan Mulrooney

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By Brennan Mulrooney



Allen's Hummingbird ©Brennan Mulrooney

This year, our Winter Southern California tour lucked out with the weather. For the second consecutive winter, Southern California has been hit with unusually strong storms, and our tour was able to fit in between them, almost entirely untouched. Rain on our last day hampered our efforts a little, but the day after our tour ended saw an absolute deluge in San Diego that caused historic flooding. Other than that one damp day, it was quite comfortable with mild temperatures and great birding.

We began by visiting the coastal sage scrub of San Elijo Lagoon Ecological Reserve. The native vegetation here is home to many California specialty bird species, many of which are named for the state. The main target bird at this spot is the federally threatened California Gnatcatcher. As we worked our way down the trail, our progress was repeatedly stopped by a parade of new birds. We started with dazzling Allen's Hummingbirds with glowing gorgets and furtive Wrentits that darted through the bushes. All the while, California Scrub-Jays scolded us from above as California Towhees scratched the ground on the sides of the trail. A

swirling flock of Bushtits came by close enough to touch, and a White-tailed Kite winged past in the distance. Soon our attention was drawn to the kitten-like mewing call of a California Gnatcatcher, and eventually we were all able to get looks at the pair that was foraging in the dense sage scrub just off the trail. A short drive took us to another access point to the lagoon, and here we were treated to repeated point-blank views of multiple Ridgway's Rails (a federally endangered species) that were foraging just a few feet off the trail. Normally these birds stay out in the middle of the marsh and are heard more often than seen, but unusually high water levels had forced them to the edges—what a scene! They were joined on the marsh edge by the Belding's Savannah Sparrow, a subspecies of Savannah Sparrow

endemic to salt marshes of the west coast, which is on the California endangered species list. Such a rare and special experience and such a great way to start the tour.

Our next stop was La Jolla Cove where we enjoyed stunning views of the Pacific Ocean as we scoured the cliffs and rocks, seeking out rocky shore specialists. "California" Brown Pelicans were in full color and dotted the cliffs along with large numbers of cormorants and gulls. Most of the cormorants were Brandt's Cormorants,



Ridgway's Rail ©Brennan Mulrooney



Heermann's Gull ©Brennan Mulrooney

and a few were on nests right next to the sidewalk. We marveled at their electric-blue gular pouches, and we were entertained by their endearingly goofy breeding displays. Black Turnstones weaved in and out of roosting gulls and terns, and we were pleased to find the locally rare Black Oystercatcher here as well. A single Pelagic Cormorant flew by, showing its gleaming white flank patches, and further offshore, flocks of Black-vented Shearwaters skimmed the ocean's surface. Perhaps the most striking birds on the cliffs were the stunningly beautiful Heermann's Gulls. At this time of year the adults have gleaming white heads and glowing red bills that

contrast with their gray and black bodies, making them real standouts among the more mundane California and Western gulls around them. In addition to the birds, we had wonderful looks at hauled-out California Sea Lions and Harbor Seals, both of which make use of this terrific marine sanctuary.

We ended our day at the mouth of the San Diego River, where a fantastic diversity and abundance of birds can always be found. Here we saw 14 species of shorebirds, including Western and Least sandpipers, Black-bellied and Semipalmated plovers, Whimbrels, and Long-billed Curlews. Clark's and Western grebes swam by obligingly, and a flamboyant Reddish Egret danced and leapt in the shallows as we scoured the flats for new species. As we were loading up to leave, the distinctive twittering of a Tropical Kingbird caught our attention. We worked together to track it down and soon had wonderful scope views. This species is a rare migrant along the west coast, but they rarely spend the winter here, so this was a great addition to our list. We ended this first day with nearly 100 species! Quite a start to a mid-winter tour.

Our second day along the San Diego coast was full of highlights as we worked our way south of the city and around the bottom of San Diego Bay, then inland through Mission Gorge and into El Cajon Valley. We started in the Tijuana River Valley, where a flock of American White Pelicans winged over as we were unloading from the van. Cassin's Kingbirds and Phainopeplas perched on the wires and treetops, and we were surprised by an out-of-season Bullock's Oriole. Common Ground-Doves strolled around some community gardens, and Hutton's Vireos gave close comparisons to the surprisingly

similar Ruby-crowned Kinglet. A couple of Red-breasted Nuthatches were evidence of a massive irruption year for this species.

After lunch we moved inland and quickly started adding some new species. At Lake Murray we saw some interesting 'furry' creatures among the large flocks of ducks and blackbirds. At Mission Trails Regional Park we found an uncooperative Golden-crowned Sparrow, followed by a Rufous-crowned Sparrow that came almost too close to focus on.



Brandt's Cormorant ©Brennan Mulrooney

As we were leaving, we found a Merlin perched high in a bare sycamore near the road. Next, we headed off to the city of El Cajon to seek out its resident parrot flock. We had to make a brief stop to admire a swirling flock of White-throated Swifts, but soon we found ourselves down in El Cajon Valley in search of parrots. We started at their favorite roost location but were dismayed to find it eerily quiet. Maybe the problem was a perched Peregrine Falcon that we spotted tearing apart an evening meal. Our time was running short, so we set off in search of the missing parrot flock. We were tantalized by a few distant and brief views of small flocks in flight, but we just couldn't find the mother lode, so I called it a day and we started back to the hotel. But just as I had announced our surrender, a flock flew right in front of our van. We quickly tracked them to a fruiting Chinaberry tree and had excellent looks at both Redcrowned and Lilac-crowned parrots. What an end to an action-packed day!



Long-eared Owl ©Brennan Mulrooney

The remainder of our tour was split between birding the Imperial Valley and the mountains that separate San Diego from the desert. At our highest elevations, up in the Laguna Mountains, we tracked down the enormously cute Pygmy Nuthatch and a very handsome Red-breasted Sapsucker. At Cuyamaca Lake we managed to locate a single Tricolored Blackbird in a flock of Brewer's and Redwings as rain poured down. In Anza Borrego Desert State Park we tracked down Cactus Wren, Rock



Ladder-backed Woodpecker ©Brennan Mulrooney

Wren, and Loggerhead Shrike in addition to enjoying absolutely stunning views of a roosting Long-eared Owl. At the Sonny Bono Salton Sea National Wildlife Refuge we found huge numbers of waterbirds including massive flocks of Snow and Ross's geese, as well as hundreds of Sandhill Cranes. In the town of Brawley we found a roosting Great Horned Owl, Vermilion Flycatchers, a Red-naped Sapsucker, Abert's Towhee, Gila and Ladder-backed woodpeckers, Costa's Hummingbird, White-winged Dove, and a very rare and wonderfully cooperative Winter Wren.

Our main species of interest in the agricultural lands of the Imperial Valley was the elusive and declining Mountain Plover. This species always presents a challenge, as they are quite cryptic, and there is an enormous amount of suitable habitat to search through. We searched throughout the day, and though we weren't successful at first, we added many new species including Ferruginous Hawk, Mountain Bluebird, Lark Sparrow, Yellow-headed Blackbird, and the incredibly endearing Burrowing Owl. It took us right up until late afternoon to finally locate a flock. As the light was quickly dimming with the coming storm, their pale brown backs provided incredible camouflage in a bare dirt field.

These birds with literally nowhere to hide were somehow quite difficult to see. But with a little extra effort, we managed to get good scope views as they settled down into the furrows of the field to spend the night.



Sandhill Cranes at sunset ©Brennan Mulrooney

In all, we tallied almost 200 species in five days of birding in mid-winter—amazing! We saw a great diversity of habitats and enjoyed wonderful weather. I can't wait to see what next year has in store for us.

ITINERARY

January 16 - arrival in San Diego

January 17 – San Elijo Lagoon Ecological Reserve, La Jolla Cove, Mission Bay at Kendall-Frost Marsh, Crown Point Park, San Diego River Flood Control Channel at Sea World Drive and at Robb Field, and residential Ocean Beach.

January 18 – Tijuana River Valley at Dairy Mart Ponds, Monument Road, Bird and Butterfly Garden and the community gardens. South San Diego Bay at 10th St, Silver Strand, Lake Murray, Mission Trails, and El Cajon Valley.

January 19 – South Mission Beach, Alpine, Pine Valley, detour to the Laguna Mountains due to unscheduled road closure on Hwy 79, Tamarisk Grove Campground in Anza Borrego Desert State Park, Unit 1 of the Sonny Bono Salton Sea National Wildlife Refuge (SBSSNWR).

January 20 – Cattle Call Park, Residential Brawley, Calipatria, SBSSNWR Headquarters, Southeastern Shoreline of the Salton Sea from Obsidian Butte, then back to the ag for Mountain Plovers.

January 21 – In Ko Pah Mtns at Mountain Springs Rd, Old Hwy 80 to Cameron Truck Trail, Paso Picacho Campground, Lake Cuyamaca, Stonewall Mine, Ramona Grasslands.

January 22 – Departures for home in an absolute deluge.

KEY

S = San Diego and surrounding areas

M = Mountains, Anza-Borrego Desert

SS = Salton Sea and surrounding agricultural areas of the Imperial Valley SBSSNWR = Sonny Bono Salton Sea National Wildlife Refuge

bold-faced species indicate birds of rare, casual, or accidental occurrence <u>underlined species</u> indicate birds of very uncommon occurrence or species which occur regularly but in such low densities as to be easily missed

COMMON NAME	SCIENTIFIC NAME	NOTES
Waterfowl	Anatidae	
Snow Goose	Anser caerulescens	SBSSNWR
Ross's Goose	Anser rossii	SBSSNWR
Brant	Branta bernicla	S
Canada Goose	Branta canadensis	S,M
Blue-winged Teal	Spatula discors	S,M
Cinnamon Teal	Spatula cyanoptera	S,SS
Northern Shoveler	Spatula clypeata	S,M,SS
Gadwall	Mareca strepera	S,M,SS
Eurasian Wigeon	Mareca Penelope	S – a distant male at San Elijo Lagoon
American Wigeon	Mareca americana	S,M,SS
Mallard	Anas platyrhynchos	S,M,SS
Northern Pintail	Anas acuta	S,M,SS
Green-winged Teal	Anas crecca	S,M,SS
Redhead	Aythya americana	S,SS
Ring-necked Duck	Aythya collaris	S,SS
Lesser Scaup	Aythya affinis	S,M,SS
Surf Scoter	Melanitta perspicillata	S
Bufflehead	Bucephala albeola	S,M,SS
Common Goldeneye	Bucephala clangula	SS
Red-breasted Merganser	Mergus serrator	S
Ruddy Duck	Oxyura jamaicensis	S,M,SS
New World Quail	Odontophoridae	
California Quail	Callipepla californica	M – Hwy 94 at Manzanita
Gambel's Quail	Callipepla gambelii	SS
Grouse & Allies	Phasianidae	
Wild Turkey	Meleagris gallopavo	M
Grebes	Podicipedidae	
Pied-billed Grebe	Podilymbus podiceps	S, SS
Horned Grebe	Podiceps auritus	S
Eared Grebe	Podiceps nigricollis	S, SS
Western Grebe	Aechmophorus occidentalis	S
Clark's Grebe	Aechmophorus clarkii	S
Pigeons and Doves	Columbidae	
Rock Pigeon (I)	Columba livia	S,M,SS

Band-tailed Pigeon Patagioenas fasciata M
Eurasian Collared-Dove (I) Streptopelia decaocto S,M,SS
Common Ground-Dove Columbina passerina SS
White-winged Dove Zenaida asiatica SS – a few in Brawley

Mourning Dove Zenaida macroura S,M,SS

Cuckoos and Allies Cuculidae

Greater Roadrunner Geococcyx californianus SS - a lucky spot from the freeway

Swifts Apodidae

White-throated Swift Aeronautes saxatalis S

Hummingbirds Trochilidae

Anna's Hummingbird Calypte anna S,M,SS
Costa's Hummingbird Calypte costae SS
Allen's Hummingbird Selasphorus sasin S

Rails and Allies Rallidae

Ridgway's Rail Rallus obsoletus S – amazing views of the "Light-

footed" race at San Elijo Lagoon, voted

second favorite bird of the tour

Sora Porzana carolina S, SS
Common Gallinule Gallinula galeata S
American Coot Fulica americana S,M,SS

Cranes Gruidae

Sandhill Crane Antigone canadensis SS – beautiful views at Unit 1

Stilts and Avocets Recurvirostridae

Black-necked Stilt Himantopus mexicanus S,SS American Avocet Recurvirostra americana S,SS

Oystercatchers Haematopodidae

Black Oystercatcher Haematopus bachmani S – very uncommon in San Diego, we

found them at La Jolla and in Imperial

Beach

Plovers and Lapwings Charadriidae

Black-bellied Plover Pluvialis squatarola S,SS Killdeer Charadrius vociferus S,SS Semipalmated Plover Charadrius semipalmatus S,SS

Mountain Plover Charadrius montanus SS – always a struggle to find these

cryptic birds in the vast expanse of the Imperial Valley, but persistence paid off late in the day with a large flock

Snowy Plover Charadrius nivosus SS – a couple along the shore of the

Salton Sea

Sandpipers and Allies	Scolopacidae	
Whimbrel	Numenius phaeopus	S
Long-billed Curlew	Numenius americanus	S,SS – large flocks in fields in the
		Imperial Valley are always fun to see
Marbled Godwit	Limosa fedoa	S,SS
Black Turnstone	Arenaria melanocephala	S
Red Knot	Calidris canutus	S
<u>Surfbird</u>	Calidris virgata	S
Stilt Sandpiper	Calidris himantopus	SS
Sanderling	Calidris alba	S
Dunlin	Calidris alpina	S,SS
Least Sandpiper	Calidris minutilla	S,SS
Western Sandpiper	Calidris mauri	S,SS
Short-billed Dowitcher	Limnodromus griseus	S
Long-billed Dowitcher	Limnodromus scolopaceus	S,SS
Spotted Sandpiper	Actitis macularius	S,SS
Greater Yellowlegs	Tringa melanoleuca	S,SS
Willet	Tringa semipalmata	S,SS
	G	
Skuas and Jaegers	Stercorariidae	- 4. 4. 4. 22. 4. 4 4.
Parasitic Jaeger	Stercorarius parasiticus	S – distant birds off Mission Beach
Gulls and Terns	Laridae	
Heermann's Gull	Larus heermanni	S – Simply beautiful gulls
Ring-billed Gull	Larus delawarensis	S,SS
Western Gull	Larus occidentalis	S
California Gull	Larus californicus	S,SS
Herring Gull	Larus argentatus	SS
Caspian Tern	Hydroprogne caspia	SS
Forster's Tern	Sterna forsteri	S
Royal Tern	Thalasseus maximus	S
Black Skimmer	Rynchops miger	S
Loons	Gaviidae	
Red-throated Loon	Gavia stellata	S
Common Loon	Gavia immer	S – more than we would have liked?
	.	
Shearwaters and Petrels	Procellariidae	
Black-vented Shearwater	Puffinus opisthomelas	S – seen distantly foraging off La Jolla
Cormorants	Phalacrocoracidae	

Cormorants	i maraci ocor acidac	
Brandt's Cormorant	Urile penicillatus	S – spectacular views of breeding birds
		on the cliffs at La Jolla
Pelagic Cormorant	Urile pelagicus	S – single bird flying past La Jolla
Double-crested Cormorant	Nannopterum auritum	S,M,SS

Pelicans Pelecanidae

American White Pelican $Pelecanus \ erythrorhynchos$ S – a flock seen flying over by my van

only at Dairy Mart Ponds

Brown Pelican Pelecanus occidentalis S

Herons and Egrets Ardeidae

Great Blue HeronArdea herodiasS,M,SSGreat EgretArdea albaS,SSSnowy EgretEgretta thulaS,SS

<u>Little Blue Heron</u> Egretta caerulea S – breeding in very small numbers in

San Diego now

<u>Reddish Egret</u> Egretta rufescens S – one or two are seen every year in

San Diego

Western Cattle Egret Bubulcus ibis SS – first found breeding in the

Imperial Valley in 1969, now abundant

Black-crowned Night-Heron Nycticorax nycticorax SS – Heard only

Ibises and Spoonbills Threskiornithidae

White-faced Ibis Plegadis chihi S,SS – we had a surprise flock at San

Elijo Lagoon

New World Vultures Cathartidae

Turkey Vulture Cathartes aura S,M,SS

Osprey Pandionidae

Osprey Pandion haliaetus S

Hawks Eagles and Kites Accipitridae

White-tailed KiteElanus leucurusSGolden EagleAquila chrysaetosSNorthern HarrierCircus hudsoniusM,SSSharp-shinned HawkAccipiter striatusSCooper's HawkAccipiter cooperiiS,SS

Bald Eagle Haliaeetus leucocephalus M – on its nest in Ramona

Red-shouldered HawkButeo lineatusSRed-tailed HawkButeo jamaicensisS,M,SS

Ferruginous Hawk Buteo regalis M,SS – including nice close looks at a

perched adult in Ramona

Barn Owls Tytonidae

Barn Owl Tyto alba SS – Roosting in a palm at SBSSNWR

Owls Strigidae

Great Horned Owl Bubo virginianus SS – A roosting bird in Brawley

Burrowing Owl Athene cunicularia SS – Great looks in the Imperial Valley.

<u>Long-eared Owl</u> Asio otus M – we were lucky to get fantastic

views of a roosting bird, voted favorite

bird of the tour

Kingfishers Alcedinidae

Belted Kingfisher Megaceryle alcyon S,SS

Woodpeckers Picidae

<u>Red-naped Sapsucker</u> Sphyrapicus nuchalis SS – in Brawley
<u>Red-breasted Sapsucker</u> Sphyrapicus ruber S – fantastic views in the Lagunas

Acorn Woodpecker Melanerpes formicivorus M Gila Woodpecker Melanerpes uropygialis SS Nuttall's Woodpecker Dryobates nuttallii S Ladder-backed Woodpecker SS Dryobates scalaris Hairy Woodpecker Dryobates villosus M Northern Flicker Colaptes auratus M

Falcons and Caracaras Falconidae

American KestrelFalco sparveriusS,M,SSMerlinFalco columbariusSSPeregrine FalconFalco peregrinusSS

Parrots and Parakeets Psittacidae

Red-crowned Parrot (I) Amazona viridigenalis S – in a large flock with the following Lilac-crowned Parrot (I) Amazona finschi S – side by side with the previous

Tyrant Flycatchers Tyrannidae

Black Phoebe Sayornis nigricans S,M,SS Say's Phoebe Sayornis saya S,M,SS

<u>Vermilion Flycatcher</u> *Pyrocephalus rubinus* SS – a nice surprise in Brawley

Tropical Kingbird Tyrannus melancholicus S – a rare wintering individual near the

San Diego River mouth

Cassin's Kingbird Tyrannus vociferans S

Vireos Vireonidae

Hutton's Vireo Vireo huttoni S

Shrikes Laniidae

Loggerhead Shrike Lanius ludovicianus M,SS – best at Tamarisk Grove

Crows, Jays & Magpies Corvidae

Steller's Jay Cyanocitta stelleri M – a potential split to look forward to,

this was the coastal *stelleri* subspecies

California Scrub-JayAphelocoma californicaS,MAmerican CrowCorvus brachyrhynchosS,MCommon RavenCorvus coraxS,M,SS

Penduline-Tits Remizidae

Verdin	Auriparus flaviceps	SS
Chickadees and Tits Mountain Chickadee Oak Titmouse	Paridae Poecile gambeli Baeolophus inornatus	S,M M
Swallows Tree Swallow Barn Swallow	Hirundinidae Tachycineta bicolor Hirundo rustica	S S
Long-tailed Tits Bushtit	Aegithalidae Psaltriparus minimus	S
Old World Warblers Wrentit	Sylviidae Chamaea fasciata	S
Kinglets Ruby-crowned Kinglet	Regulidae Regulus calendula	S,M,SS
Waxwings Cedar Waxwing	Bombycillidae Bombycilla cedrorum	M – scarce this winter
Silky-flycatchers Phainopepla	Ptiliogonatidae Phainopepla nitens	S
Nuthatches White-breasted Nuthatch	Sittidae Sitta carolinensis	M – the coastal subspecies known as "Slender-billed Nuthatch", another
Pygmy Nuthatch Red-breasted Nuthatch	Sitta pygmaea Sitta canadensis	potential split to look out for M S – not present most years, but quite common this winter
Gnatcatchers Blue-gray Gnatcatcher California Gnatcatcher Black-tailed Gnatcatcher	Polioptilidae Polioptila caerulea Polioptila californica Polioptila melanura	SS S – showed well at San Elijo Lagoon SBSSNWR – great views on the Rock Hill trail
Wrens Rock Wren House Wren Winter Wren	Troglodytidae Salpinctes obsoletus Troglodytes aedon Troglodytes hiemalis	M SS SS – great looks in Brawley, a very rare bird in California
Marsh Wren Bewick's Wren	Cistothorus palustris Thryomanes bewickii	S – unusually good views at San Elijo S

Cactus Wren	Campylorhynchus brunneicaillus	M,SS – Tamarisk Grove and Brawley
Thrashers and Allies California Thrasher Northern Mockingbird	Mimidae Toxostoma redivivum Mimus polyglottos	S,M S,M
Starlings European Starling (I)	Sturnidae Sturnus vulgaris	S,M,SS
Thrushes and Allies Western Bluebird Mountain Bluebird Hermit Thrush American Robin	Turdidae Sialia mexicana Sialia currucoides Catharus guttatus Turdus migratorius	S SS S – a single bird this year
Old World Sparrows House Sparrow (I)	Passeridae Passer domesticus	S,SS
Wagtails and Pipits American Pipit	Motacillidae Anthus rubescens	S,SS
Siskins and Allies House Finch Pine Siskin Lesser Goldfinch Lawrence's Goldfinch American Goldfinch	Fringillidae Haemorhous mexicanus Spinus pinus Spinus psaltria Spinus lawrencei Spinus tristis	S,M,SS M – at the feeders in Pine Valley M M – a small flock in Pine Valley S – a single calling flyover
Sparrows and Allies Brewer's Sparrow Black-throated Sparrow Lark Sparrow Dark-eyed Junco White-crowned Sparrow Golden-crowned Sparrow Savannah Sparrow	Emberizidae Spizella breweri Amphispiza bilineata Chondestes grammacus Junco hyemalis Zonotrichia leucophrys Zonotrichia atricapilla Passerculus sandwichensis	M – In Ko Pah Gorge M – In Ko Pah Gorge SS M – the Oregon race S,M,SS S – briefly at Mission Trails S,M, SS – including the endangered
Lincoln's Sparrow	Melospiza lincolnii	saltmarsh endemic race <i>beldingi</i> S – a single bird at San Elijo

Yellow-headed Blackbird Xanthocephalus SS xanthocephalus

Western Meadowlark Sturnella neglecta M,SS

Valley

Red-winged Blackbird Agelaius phoeniceus S,M,SS

Tricolored Blackbird Agelaius tricolor M – in the rain at Lake Cuyamaca

Brown-headed Cowbird Molothrus ater S,M,SS
Brewer's Blackbird Euphagus cyanocephalus S,M,SS
Great-tailed Grackle Quiscalus mexicanus S,SS

New World Warblers Parulidae

Orange-crowned Warbler Oreothlypis celata S
Common Yellowthroat Geothlypis trichas S

Yellow Warbler Setophaga petechial S – Crown Point

Yellow-rumped Warbler Setophaga coronata S,M,SS

TOTAL: 196!

<u>MAMMALS</u>

Squirrels Sciuridae

California Ground-Squirrel Spermophilus beecheyi

Rabbits & Hares Leporidae

Brush Rabbit Sylvilagus bachmani
Desert Cottontail Sylvilagus audubonii

DogsCoyote
Canidae
Canis latrans

Sea Lions & Fur Seals Otariidae

California Sea Lion Zalophus californianus

Seals Phocidae
Harbor Seal Phoca vitulina

Skunks Mephititdae
Striped Skunk Mephitis mephitis

SIGNIFICANT OTHERS

San Diego Bay views. The weather! Birding below sea level. The world's tallest flagpole(?) At least according to the sign.

