SPRING IN THE WASHINGTON CASCADES A RELAXED & EASY TOUR

JUNE 4-10, 2023

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Leavenworth, Washington is an ideal venue for a late spring nature tour. The picturesque town sits at the foot of Icicle Canyon on the east side of the Cascade Range, with a terrific view of Alp-like Mt. Stuart. Our lodging is tucked right alongside the Wenatchee River, and every room at the inn has a balcony overlooking the rushing river where you can sit and watch families of Yellow-bellied Marmots and such birds as Pygmy Nuthatch and Violet-green Swallow. Morning walks before breakfast through the wooded neighborhood of the inn often turn up White-headed Woodpeckers, as well as California Quail, Black-headed Grosbeak and other birds. Our lodging is just a few minutes from Icicle Creek and other mountain streams, where American Dippers and Harlequin Ducks rest on boulders amid the rushing water. In late spring, wildflowers carpet the forest floor and canyon roadsides.



The tour begins in Seattle, and we have a full day at an ideal season to bird across the Cascade Mountains. Before we leave the western lowlands, we'll bird a large park for Red-breasted Sapsucker and a few other localized species. With four nights in Leavenworth, we'll explore a variety of sites within reasonable driving distance, including beautiful Icicle Canyon. On one day we'll explore the full length of a canyon in the nearby Entiat Mountains. Beginning at the rocky cut of the Columbia River, our drive passes through towering rimrock cliffs, sagebrush, then higher into ponderosa pine

stands, mixed conifers, and right up into aspen-rimmed beaver bogs. Bird possibilities are as diverse as the habitats. Brilliant Lazuli Buntings, noisy Yellow-breasted Chats, and tiny Calliope Hummingbirds are regular sights along the canyon road. We'll watch for such birds as Say's Phoebe, Black-headed Grosbeak, Bullock's Oriole, and Cassin's Finch, among many others.

We will also explore the back roads of the Wenatchee Mountains where Red-naped Sapsuckers and Williamson's Sapsuckers, Northern Pygmy-Owls and Hermit Thrushes nest at higher elevations. Near Snoqualmie and Stevens passes in the Cascades Mountains, we'll search out lovely Varied Thrushes and Townsend's Warblers, as well as the tiny Pacific Wren and sweet-singing Fox Sparrows.

Another day takes us a bit farther afield into sage-steppe habitat, home to nesting Mountain and Western Bluebirds, Sagebrush Sparrows, Sage Thrashers, Brewer's Sparrows, and lovely Western Meadowlarks. Irrigated fields often host nesting Wilson's Snipe and Long-billed Curlews.

During the course of the tour, we may see eight or nine woodpecker species (including three sapsuckers) and nine flycatchers. But one cannot hope to see all the birds of a state as large and varied as Washington during a tour of this length. Nevertheless, this tour incorporates some of the richest spring birding possibilities in the Northwest, and the opportunity to spend most nights at one lodging while exploring diverse areas within a reasonable driving distance. Most of the birding will take place east of the Cascade Mountains.

This tour is one in our series of Relaxed & Easy (R&E) tours. These tours are appropriate for participants who want a slower paced tour, with somewhat fewer hours in the field and light physical activity. They are ideal for persons who prefer a somewhat later start in the morning (typically 7:00 a.m.), a break after lunch and a shorter afternoon outing. They involve only short walks, usually not more than a half mile, and avoid difficult terrain.

<u>June 4, Day 1: Arrival in Seattle</u>. Participants should make arrangements to arrive in Seattle (airport code SEA) today and transfer to the *Seattle Airport Marriott*. The hotel provides shuttle service from SeaTac Airport. We will meet in the hotel lobby at 6:30 p.m. for an informal orientation and get-acquainted dinner.

NIGHT: Seattle Airport Marriott, Seattle

June 5, Day 2: Seattle to Leavenworth, with Birding on Both Sides of the Cascade Mountains. Most of the birding during the tour will take place east of the crest of the Cascade Mountains. As we depart the Seattle area, we'll take just a bit of time to sample the bird life of the west slope of the Cascades, before continuing to Snoqualmie Pass at just over 3000 feet. Birds on the west slope and in the vicinity of the pass may include Redbreasted Sapsucker, Varied Thrush, Pacific Wren, Pacific-slope Flycatcher, Black-throated Gray Warbler and others. The Cascade Range has a profound effect on the climate west and east of the crest. At Snoqualmie Pass we begin to leave western Washington's moister habitats behind, passing into the overall drier, but highly varied, terrain of eastern Washington.

As we descend the east slope, American Dippers nest along sparkling streams, and we will be in good areas for MacGillivray's, Townsend's, "Audubon's" Yellow-rumped, and Yellow warblers, as well as Vaux's Swift, Osprey, Hammond's Flycatcher, Warbling Vireo, and many other species of birds. Where the mountain firs begin to give way to ponderosa pines, we'll be on the lookout for Evening Grosbeak, Cassin's Vireo, Chipping Sparrow, Western Wood-Pewee, and Cassin's Finch. And as the pines meet rolling grasslands, we are in the realm of Mountain and Western bluebirds, Wilson's Snipe, California Quail, Vesper Sparrow, Western and Eastern

kingbirds, Bullock's Oriole, and Black-billed Magpie among others. We plan to arrive in Leavenworth by late afternoon.

NIGHT: Alpine Rivers Inn, Leavenworth

June 6-8, Days 3-5: Birding Nearby Areas with Leavenworth as our Base. With three full days in Leavenworth we will have the freedom to explore an amazing variety of habitats within moderate driving distance. Within a few minutes of the inn, a walk among the pines or along a creek may well turn up nesting White-headed Woodpeckers, Calliope Hummingbird, Nashville Warbler, Vaux's Swift, Evening Grosbeak, and Pygmy Nuthatch, among others. We'll take a drive into the lower reaches of the majestic Stuart Range along the fast-flowing Icicle Creek. In addition to dippers, Harlequin Ducks, and Common Mergansers, Icicle canyon offers a fascinating mix of east-of-the-Cascades birds with typically west-side birds like Chestnut-backed Chickadee. Townsend's Warblers, Western Tanagers, Black-headed Grosbeaks, Cassin's Vireos, and swifts are just a sample of the birds that can be seen in the canyon.

On another day we'll venture north of Wenatchee into the Entiat Mountains where a remarkable array of birdlife awaits. Beginning at the rocky cut of the Columbia River, our drive passes through towering rimrock cliffs, sagebrush, and hayfields, then higher into ponderosa pine stands, mixed conifers, and aspen-rimmed beaver bogs. Bird possibilities are as diverse as the habitats. Chukar are possible in the rocky outcroppings anywhere in the canyon. Brilliant Lazuli Buntings, noisy Yellow-breasted Chats and MacGillivray's Warblers, tiny Calliope Hummingbirds, Red-naped Sapsucker, Northern Pygmy-Owl, as well as Say's Phoebe, Dusky Flycatcher, Veery, Cassin's Vireo, Cassin's Finch, Red Crossbill, Western Tanager, Bullock's Oriole, Rock and Canyon wrens, and lots of other birds are found here. The tiny, diurnal Northern Pygmy-Owl is a reasonable possibility, as are Golden Eagles, and some years Lewis's Woodpeckers and highly mobile flocks of Clark's Nutcrackers forage in the pines.

A visit to the 3000 ft. realms of the Wenatchee Mountains often turns up Williamson's Sapsucker, Red-naped Sapsucker, Evening Grosbeak, Lincoln's Sparrow, and many other birds including Hammond's and Dusky flycatchers, Purple and Cassin's finches and, with a bit of luck, a Northern Pygmy-Owl. Another outing will visit Stevens Pass, an hour west of Leavenworth, where habitats (in normal snow years) at 4000 ft. are apt for Gray Jay, Varied Thrush, "Slate-colored" Fox Sparrow, Olive-sided Flycatcher, Townsend's Warbler, and other higher elevation specialties.

A bit farther afield, in sage-steppe habitat, we'll go in search of nesting Mountain and Western bluebirds, Sagebrush Sparrows, Sage Thrashers, Brewer's Sparrows, Horned Larks, and sweet-singing Western Meadowlarks. Enroute we will drive farmlands that are home to nesting Wilson's Snipe and Long-billed Curlews.

NIGHT: Alpine Rivers Inn, Leavenworth

<u>June 9, Day 6: Leavenworth to Seattle</u>. After a final breakfast in Leavenworth, we'll begin birding our way back to Seattle, arriving by late afternoon. Back in Seattle, we'll have a farewell dinner and final checklist session.

NIGHT: Seattle Airport Marriott, Seattle

June 10, Day 7: Departure for Home. Tour participants may depart at any time today.

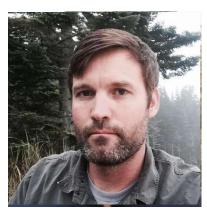
RELAXED AND EASY (R&E) TOUR INFORMATION: Relaxed & Easy (R&E) tours are similar to "regular" VENT tours, but set to a slower pace, with somewhat fewer hours in the field and lighter physical activity. They are ideal for participants who prefer a somewhat later start in the morning, a little lengthier afternoon break, and a shorter afternoon outing. Walking is limited to short walks of usually not more than a half mile, avoiding difficult terrain. A typical day will begin with breakfast around 6:30-7:00 a.m., followed by birding until about noon. We will attempt to have lunch every day between 12:00 and 1:00 p.m., followed by an afternoon break (when possible). We will resume birding for a couple of hours in the mid-afternoon. On most days we will attempt to provide 45 minutes to an hour for personal time before dinner. We will have dinner between 6:00 and 6:30 p.m.

Strenuous physical activity will be avoided, and all walking will be limited to well-marked roads and trails, excluding uneven or rough terrain.

Relaxed & Easy (R&E) refers only to the slower pace of a tour, not to a participant's birding skills or ability. Accordingly, birders of all levels of ability are welcome, as they are on typical VENT tours; R&E tours should not to be mistaken as tours for beginning birders. All birders are welcome regardless of skill level, as they are on regular VENT tours.

TOUR SIZE: This tour will be limited to 14 participants.

TOUR LEADER: Willy Hutcheson (a second leader will be added if tour size warrants)



Willy Hutcheson began birding in the South Carolina Lowcountry at age six. As a teenager, he attended VENT's Camp Chiricahua for two years, where he discovered that there were indeed other adolescents in the world who shared his all-consuming obsession with birds. After obtaining one Master's Degree in Conservation Biology and another in teaching science, he began a career in education. For the last decade, he has taught Biology and Environmental Science at a boarding school in Concord, Massachusetts, where he lives with his wife and two teenage sons. In the summers, Willy escapes with his family to Great Wass Island in downeast Maine and enjoys hiking, sailing, kayaking, and birding the maritime boreal ecosystem.

<u>FINANCIAL ARRANGEMENTS</u>: The fee for the tour is \$3,195 per person in double occupancy from Seattle. This includes all meals from dinner on Day 1 to dinner on Day 6, accommodations as stated in the itinerary, ground transportation during the tour, gratuities, and guide services provided by the tour leaders. It does not include airfare from your home to Seattle and return, airport departure taxes, alcoholic beverages, special gratuities, phone calls, laundry, or items of a personal nature.

The single supplement for this tour is \$625.

REGISTRATION & DEPOSIT: To register for this tour, please contact the VENT office. The deposit for this tour is \$500 per person. If you prefer to pay your deposit using a credit card, the deposit must be made with MasterCard or Visa at the time of registration. If you would like to pay your deposit by check, money order, or bank transfer, your tour space will be held for 10 days to allow time for the VENT office to receive your deposit and completed registration form. The VENT registration form (available from the VENT office or by download at https://ventbird.com) should be completed, signed, and returned to the VENT office.

<u>PAYMENTS</u>: All tour payments may be made by credit card (MasterCard or Visa), check, money order, or bank transfer (contact the VENT office for bank transfer information). These include initial deposits, second deposits, interim payments, final balances, special arrangements, etc. Full payment of the tour fee is due 150 days (January 5, 2023) prior to the tour departure date.

CANCELLATION & REFUNDS:

Cancellation by Participant:

Refunds, if any, for any cancellation by a participant are made according to the following schedule: If participant cancels 180 days or more before the tour departure date, a cancellation fee of \$250 per person will be charged unless the deposit is transferred to a new registration for another VENT tour that will operate within the next 12 months, in which case the cancellation fee will be \$100 per person. If cancellation is made between 179 and 151 days before departure date, the deposit is not refundable, but any payments covering the balance of the tour fee

will be refunded. If cancellation is made fewer than 150 days before departure date, no refund is available. This policy and fee schedule also applies to pre- and post-tour extensions. For participants' protection, we strongly recommend the purchase of travel insurance that covers trip cancellation/interruption.

If participant cancels: 180 days or more before departure date 179 to 151 days before departure date

150 days or less before departure date

Participant's refund will be:
Participant's deposit minus \$250*

No refund of the deposit, but any payments on the balance of the tour fee will be refunded

No refund available

Cancellation by VENT:

If VENT cancels a tour prior to departure without cause or good reason, VENT will provide the participant a full refund, which will constitute full settlement to the participant.

If VENT cancels or delays a tour or any portion of a tour as a result of any Force Majeure event, VENT will use its reasonable best efforts to refund any payments on the balance of the tour fee to participant; provided that, VENT will have no obligation to provide a participant with a refund and will not be liable or responsible to a participant, nor be deemed to have defaulted under or breached any applicable agreement, for any failure or delay in fulfilling or performing any term of such agreement. A "Force Majeure" event means any act beyond VENT's control, including, without limitation, the following: (a) acts of God; (b) flood, fire, earthquake, hurricane, epidemic, pandemic or explosion; (c) war, invasion, hostilities (whether war is declared or not), terrorist threats or acts, riot or other civil unrest; (d) government order, law or actions; (e) embargoes or blockades; (f) national or regional emergency; (g) strikes, labor stoppages, labor slowdowns or other industrial disturbances; (h) shortage of adequate power or transportation facilities; and (i) any other similar events or circumstances beyond the control of VENT.

This VENT Cancellation & Refunds policy does not apply to air tickets purchased through VENT or to any special arrangements, such as additional hotel nights, that fall outside of the services described in the tour itinerary.

Victor Emanuel Nature Tours is not a participant in the California Travel Consumer Restitution Fund. California law requires certain sellers of travel to have a trust account or bond. This business has a bond issued by Travelers in the amount of \$50,000. CST #2014998-50.

<u>FUEL AND FUEL SURCHARGES</u>: In the uncertain, often volatile oil market of late, it is difficult – if not impossible – to predict fuel costs over the long term, and more specifically, at the time of operation of this departure. Our prices are based upon the prevailing fuel rates at the time of itinerary publication. While we will do everything possible to maintain our prices, if the fuel rates increase significantly, it may be necessary to institute a fuel surcharge.

<u>TRAVEL INSURANCE</u>: To safeguard against losses due to illness, accident, or other unforeseen circumstances, we strongly recommend the purchase of travel insurance as soon as possible after making a deposit. VENT has partnered with Redpoint Travel Protection as our preferred travel insurance provider. Through Redpoint, we recommend their **Ripcord** plan. Designed for all types of travelers, Ripcord is among the most comprehensive travel protection programs available.

Critical benefits of Ripcord include a completely integrated program with a single contact for emergency services, travel assistance, and insurance claims; **medical evacuation and rescue services** from your point of injury or illness to your **hospital of choice**; comprehensive travel insurance for **trip cancellation/interruption**, primary medical expense coverage, and much more. Optional expanded insurance coverage is available and includes items

^{*}Unless the deposit is transferred to a new registration for another VENT tour that will operate within the next 12 months, in which case the cancellation fee will be \$100 per person. To qualify, cancellation must occur 180 days or more before departure date; deposit transfers must be made at the time of cancellation; and one transfer per deposit.

such as security evacuation coverage in case of a natural disaster or other security events, waiver for pre-existing medical conditions exclusion, and a "Cancel for Any Reason" benefit. Ripcord is available to U.S. and non-U.S. residents.*

For a price quote, or to purchase travel insurance, please visit: https://ripcordtravelprotection.com/ventbird; or click the **Ripcord** logo on our website (click Help and Trip Insurance); or call +1-415-481-0600. Pricing is based on age, trip cost, trip length, and level of coverage.

*To be eligible for the pre-existing medical condition exclusion waiver and the optional Cancel for Any Reason (CFAR) upgrade, you must purchase your policy within 14 days of making your tour deposit. The CFAR benefit provides reimbursement for 75% of covered costs, and increases the policy premium by approximately 50%. Policies may be purchased either for the full value of the tour fee at the time of deposit or in segments as individual tour payments are made (deposit, mid-payment, final balance, additional arrangements, etc.). The "pay as you go" approach reduces up-front expense and ensures that the amount paid toward your full policy premium is in proportion to the amount paid toward the full tour fee. If you choose to "pay as you go," you must cover each deposit or payment within 14 days in order to maintain the CFAR benefit. The primary medical expense benefit is available to U.S. residents only. For this reason, non-U.S. residents will pay an adjusted premium when purchasing a comprehensive policy, which includes all of the other benefits available to U.S. residents. Please refer to the policy for a full description of coverage.

Coronavirus (COVID-19):

The coronavirus pandemic has brought uncertainty for many people currently holding travel insurance policies or who are considering future travel and purchasing such insurance. Redpoint has added a **Coronavirus FAQ page** to its website that addresses questions and concerns regarding its travel insurance and the impact of COVID-19. We strongly recommend that you visit the page for an overview of topics such as policy coverage and limitations, policy modifications, cancellation, refunds, and more. Among the most important points: 1) Trip cancellation solely for concern or fear of travel associated with COVID-19 is not covered; 2) Should you request cancellation of your policy, a full refund of your premium is available only under a limited set of conditions; and 3) Should you request cancellation, you may be eligible to receive a pro-rated refund of the unused portion of your premium or a travel insurance credit. Travel insurance credit ("Premium Credit") is for the value of the policy purchased and may be applied to future policies. Premium Credits have no expiration dates. Rules and regulations apply.

Please visit the **Coronavirus FAQ** page at the following link: https://redpointtravelprotection.com/covid 19 faq/

Additionally, as countries begin opening up for travel, many are instituting an array of COVID-19 entry requirements, including mandates to purchase travel insurance covering medical expenses due to COVID-19 Illness and accommodation in case of quarantine. Ripcord's comprehensive travel insurance plans are designed to satisfy the various country-specific travel insurance entry requirements. Those who purchase a Ripcord policy will receive a "letter of confirmation" that affirms that the policy satisfies such requirements.

<u>AIR INFORMATION</u>: Victor Emanuel Travel is a full-service travel agency and wholly owned subsidiary of Victor Emanuel Nature Tours (VENT). Victor Emanuel Travel will be happy to make any domestic or international air travel arrangements from your home and return. Please feel free to call the VENT office to confirm your air arrangements.

<u>BAGGAGE</u>: Luggage space in the vans is at a premium. Soft luggage is preferable to rigid suitcases for making the most of our limited storage space. Please limit your luggage to one medium-sized bag and one carry-on per person.

<u>CLOTHING/WEATHER</u>: June weather in Washington is typically mild, with temperatures ranging from the 50's to the low 80's. Because we will occasionally be birding at higher elevations, expect possible cooler conditions (down to 40°) at a few spots, such as morning in the mountains. At least some precipitation is likely

during the course of the tour. We want you to be comfortable, so *please be prepared for varying conditions*. Please bring enough different clothing layers to meet the potential range of conditions. This is especially important if you chill easily or aren't accustomed to birding in cool weather.

The following should cover all likely conditions:

- Lightweight field clothing (e.g. cotton shirts and pants/jeans) and a light jacket close at hand will suffice for warm days.
- In case of cooler weather conditions, bring additional warm layers such as a fleece jacket or warm sweater, perhaps a turtleneck and a pair of gloves and warm cap.
- For wind and moisture, a good windproof/water-resistant outer shell, such as Gore-Tex will be essential.
- You may need rain/wind pants for a cooler few hours in the mountains.
- Casual dress for dining is fine throughout the tour.
- There will be little opportunity to shop for additional clothing.

The Alpine Rivers Inn does not have a guest laundry nor laundry service.

<u>FOOTWEAR AND HIKING</u>: A pair of lightweight hiking shoes or boots will be the ideal footwear for most outings, although supportive athletic shoes would suffice. There is no need to bring rubber boots. A few walks, mostly level, will be less than a mile. No strenuous hiking.

EQUIPMENT: You should pack a pair of binoculars that are in good condition, along with a belt pack or day pack (for carrying books, sunscreen, extra digital storage media or film, etc.). As a precaution, it is a good idea to pack your binoculars, a change of clothing, toiletry items, medication and travel documents in your airline carryon bag. Your leader will have a spotting scope, but if you have one and wish to bring it, please feel free to do so.

<u>OTHER NEEDS</u>: Please bring a small daypack and a water bottle that can be refilled for hiking and other outings during the trip. We also hope to cut down on buying lots of small bottled waters by refilling your personal containers. For sunny conditions, sunscreen and a protective hat are recommended. Occasional mosquitoes and wood ticks are a possibility, so a small quantity of insect repellent may come in handy. There are no chiggers in the northwest. You should also bring an alarm clock. There may be some good photo opportunities, so keep your camera handy each day.

<u>HEALTH</u>: VENT follows Centers for Disease Control and Prevention (CDC) recommendations for standard travel precautions, which includes vaccination against a variety of preventable diseases. Among these so-called Routine Vaccinations are measles/mumps/rubella (MMR) vaccine, diphtheria/pertussis/tetanus (DPT) vaccine, poliovirus vaccine (boosters for adult travelers), and Varicella (Chickenpox). You should also be up-to-date with Hepatitis A and Hepatitis B vaccinations.

If you are taking personal medication, prescription or over-the-counter, be sure to bring an ample supply that will allow you to get through the tour safely. Please consult your physician as necessary. Remember to pack all medication in your carry-on baggage, preferably in original containers or packaging. As airline baggage restrictions can change without warning, please check with your airline for procedures for packing medication.

COVID-19: We continually emphasize that our number one priority is the health and safety of our customers and employees. **With this in mind, VENT maintains a COVID-19 vaccination requirement.** All tour participants and tour leaders must receive the primary series vaccinations in order to travel with us while we are still in a declared public health emergency. Proof of vaccination must be provided to our office at least one week before the start of the tour. More recently, the Centers for Disease Control and Prevention (CDC) has updated its guidance to recommend people be Up to Date with COVID-19 vaccinations. Although the CDC website defines "Up to Date" as the primary series vaccinations and all recommended boosters, for those eligible, VENT requires the primary series and strongly recommends boosters. While VENT no longer requires a booster shot for participation on its tours, the high transmissibility of certain variants and subvariants should encourage everyone who is eligible

to receive boosters to please do so. VENT has determined this approach to be the best one for keeping our tour leaders and tour participants safe during this time. Our decision and policy anchor a regime of protocols firmly rooted in the latest CDC guidance regarding recommendations for avoiding COVID-19. Please visit the Coronavirus Travel Update page of our website https://ventbird.com/covid-19, where you may view our COVID-19 Protocols for VENT Tours document, which details the guidance VENT will follow in the operation of its tours in the time of pandemic. Please visit the CDC website for the most up to date information about COVID-19 and associated guidance for proper health and hygiene: https://www.cdc.gov/coronavirus/2019-nCoV/index.html.

Insect Repellents – There are insect repellents for the skin and an insect repellent used to treat clothing that should not be applied to the skin.

Insect repellents for the skin are commonly available in three forms:

- DEET (N,N-diethyl-meta-toluamide): A chemical compound that is marketed under various brand names (OFF!®, Cutter™, Ultrathon™, etc.) and offered in a variety of formulations including sprays, lotions, time-release preparations, and disposable wipes. The formulations will state a percentage of the active ingredient DEET on the packaging. DEET may be applied to exposed skin directly and/or sprayed on clothing. Please be careful when applying DEET as it can damage plastics and lens coatings.
- Picaridin: A synthetic formulation that is derived from piperine, a substance found in plants that produce black pepper.
- Herbal insect repellents: Various mixtures of organic ingredients such as oils from eucalyptus, citronella, cedar, and other herbs. The herbal repellents are more difficult to categorize because of the difference in ingredients from one brand to another. There is considerable variation in their effectiveness.

An insect repellent for clothing is marketed in one approved formulation:

- Permanone® (Permethrin) is an odorless spray-on repellent that may be used for **pre-treatment** of clothing, gear, and tents. It should not be used directly on the skin or sprayed on clothing while it is being worn. The pre-treatment process requires a number of hours to complete and must be done outdoors, so is best completed in advance of travel. Do-it-yourself pre-treatment has to be repeated more often than commercial treatment using Insect Shield® technology. It is available at various outdoor stores and can easily be found online.
- Insect Shield® apparel: Clothing pre-treated with Permanone is made by a variety of manufacturers. It is available for purchase from some sporting goods suppliers. The clothing is advertised as retaining its repellency for up to 70 washings.

The US EPA offers a search tool to help choose a repellent that is best for a particular situation. For example, some repellents work for mosquitoes, but not for ticks.

https://www.epa.gov/insect-repellents/which-insect-repellent-right-you

In addition to your physician, a good source of general health information for travelers is the U.S. Centers for Disease Control and Prevention (CDC) in Atlanta, which operates a 24-hour recorded Travelers' Information Line (800) CDC-INFO (800-232-4636). You can check the CDC website at https://www.cdc.gov/travel. Canadian citizens should check the website of the Public Health Agency of Canada: https://www.canada.ca/en/public-health.html (click on Travel Health).

<u>SUGGESTED READING</u>: A number of traditional booksellers and online stores list excellent inventories of field guides and other natural history resources that will help prepare you for this tour. We recommend <u>www.amazon.com</u> which has a wide selection; <u>www.buteobooks.com</u> and <u>www.nhbs.com</u> which specialize in ornithology and natural history books; and <u>www.abebooks.com</u> for out-of-print and hard-to-find titles.

Birds:

Bannick, Paul. *The Owl and the Woodpecker: Encounters with North America's Most Iconic Birds*. Seattle, Mountaineer Books, 2008.

National Geographic Society. Field Guide to the Birds of North America. Sixth Edition. Washington, D.C.: National Geographic Society, 2011.

Sibley, David Allen. The Sibley Guide to Birds. Second Edition. New York: Knopf, 2014.

Zimmer, Kevin J. Birding in the American West: A Handbook. Ithaca, NY: Cornell U. Press, 2000.

Other Natural History:

Alden, Peter, Amy Gregoret, Richard Keen, Daniel Mathews, Eric A. Oches, Dennis Paulson, Robert Sundstrom, and Wendy B. Zomlefer. *The National Audubon Society Field Guide to the Pacific Northwest* New York: Alfred A. Knopf, 1998.

Eder, Tamara. Mammals of Washington and Oregon. Renton, WA: Lone Pine Press, 2002.

Lyons, C.P. Wildflowers of Washington. Renton, WA: Lone Pine Press, 1997.

Parish, Roberta, Ray Coupe, and Dennis Lloyd. *Plants of Southern Interior British Columbia*. Renton, WA: Lone Pine Press, 1996.

St. John, Alan. Reptiles of the Northwest. Renton, WA: Lone Pine Press: 2002.

Taylor, Ronald J. Sagebrush Country: A Wildflower Sanctuary. Mountain Press, 1992.

Turner, Mark and Phyllis Gustafson. *Wildflowers of the Pacific Northwest*. Portland, Oregon: Timber Press, 2006

Turner, Mark and Ellen Kuhlmann. *Trees and Shrubs of the Pacific Northwest*. Portland, Oregon: Timber Press, 2014.

Whitney, Stephen. *The Pacific Northwest*. A Sierra Club Naturalist's Guide. San Francisco: Sierra Club Books, 1989.

<u>TIPPING</u>: Tipping (restaurant staff, porters, drivers, local guides) is included on VENT tours. However, if you feel one or both of your VENT leaders or any local guides have given you exceptional service, it is entirely appropriate to tip. We emphasize that tips are not expected and are <u>entirely optional</u>. Tips should be given directly to your tour leader; they should not be sent to the VENT office.

RESPONSIBILITY STATEMENT: Victor Emanuel Nature Tours, Inc., a Texas corporation, and/or its agents (together, "*VENT*") act only as agents for the participant in regard to travel, whether by railroad, motorcar, motorcoach, boat, or airplane and assume no liability for injury, damage, loss, accident, delay, or irregularity which may be occasioned either by reason of defect in any vehicle or for any reason whatsoever, or through the acts or default of any company or person engaged in conveying the participant or in carrying out the arrangements of the tour. VENT accepts no responsibility for losses or additional expenses due to delay or changes in airfare or other services, sickness, weather, strike, war, quarantine, terrorism, or other causes. All such losses or expenses will be borne by the participant, as tour rates only provide for arrangements for the time stated.

VENT reserves the right (i) to substitute hotels of similar category, or the best reasonable substitution available under the circumstances, for those indicated and (ii) to make any changes in the itinerary that are deemed necessary by VENT or which are caused by third party transportation schedules (i.e. railroad, motorcar, motorcoach, boat, airplane, etc.).

VENT reserves the right to substitute leaders or guides on any tour. Where VENT, in its sole discretion, determines such substitution is necessary, it will notify tour participants.

VENT reserves the right to cancel any tour prior to departure with or without cause or good reason.	See the	VENT
Cancellation & Refunds policy set forth above.		

VENT reserves the right to decline any participant's Registration Form and/or refuse to allow any participant to participate in a tour as VENT deems reasonably necessary, in its sole discretion. VENT also reserves the right to remove any tour participant from any portion of a tour as VENT deems necessary, in its sole discretion, reasons for such removal include but are not limited to, medical needs, injury, illness, inability to meet physical demands of a tour, personality conflict or situations in which such removal is otherwise in the best interest of the tour, the tour group and/or such participant. A participant may also voluntarily depart from a tour. If a participant is removed from a tour or voluntarily departs from a tour, such participant will be responsible for any expenses associated with such removal or departure, including but not limited to, transportation, lodging, airfare and meals, and VENT will have no obligation to refund or reimburse any such removed or departed participant for any tour payments or deposits previously paid by such participant.

Baggage is carried at the participant's risk entirely. No airline company, its employees, agents and/or affiliates (the "Airline") is to be held responsible for any act, omission, or event during the time participants are not on board the Airline's aircraft. The participant ticket in use by any Airline, when issued, will constitute the sole contract between the Airline and the purchaser of the tickets and/or the participant. The services of any I.A.T.A.N. carrier may be used for VENT tours, and transportation within the United States may be provided by any member carrier of the Airlines Reporting Corporation.

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